

# **ANTENATAL & MATERNITY PACKAGE**



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Welcome to The Nairobi Hospital Maternity Package. Our staff will work closely with you to develop a plan of care that meets your individual needs. Our philosophy encourages expectant mothers and their families to be involved in planning and enjoying the event of pregnancy and childbirth in a safe, personalized & comfortable setting.

#### ANTENATAL PACKAGE

This package covers for:

- 6 Antenatal visits (any extra visits out of the schedule will be charges separately)
- 2 Postnatal visit by the doctor after CS at 2 weeks & 6 weeks
- 1 Neo-natal baby visit (at 2 weeks old)
- Pre-natal investigations i.e. Laboratory tests &2 ultrasound scans
- 1 postnatal visit by the doctor (after Normal delivery at 6 weeks)
- 1 Physiotherapy session

#### Kshs. 60,000

## NORMAL DELIVERY PACKAGE:

- Obstetricians, Paediatricians & Resident Registrar fee
- Post-natal investigations i.e. Laboratory tests
- Normal ward bed for 2 days
- Nursery charges for 2 days with vaccinations
- 1 physiotherapy session post natal

## **CESAREAN SECTION**

- · All services in the normal delivery package
- Anaesthetist fee
- Theatre fees
- 1 physiotherapy session post natalNormal
- ward bed for 3 days
- · Nursery charges for 3 days with vaccinations

## Kshs. 240,000

## **BED RATES:**

The delivery packages are payable in advance, up to day of admission on a ward bed, payable once orin installments.

If you prefer to occupy a private room, an additional cost will be incurred & is subject to availability

Room Type	Daily Rate
Private Room	16,000 (St. Andrews)
En-suite	26,000

\*The Nairobi Hospital reserves the right to admission & changes of price without notice



## NOTES:

- 1. Package rates are net of NHIF. If you are not an NHIF member you will be charged the bed rebate of Kshs. 4,000.
- 2. Any extra cost incurred outside the package will be charged separately.
- 3. The package does not cater for high risk pregnancies & complications.
- 4. The only exemption to the above package will be in case of unforeseen complications during delivery.
- 5. In case of an emergency Cesarean Section, the C/S charge will apply.

# CHARGES NOT INCLUDED IN THE MATERNITY PACKAGES:

- Medicines or vitamin supplements
- Any other laboratory or radiological tests other than pre-natal investigations
- Hospitalization during pregnancy other than delivery
- Removal of retained placenta under anaesthesia
- Repair of lacerations:
  - Under general anaesthesia
- Epidural Kshs. 55,000

• Lamaze classes (6 sessions) Kshs. 12,000 In the case of antenatal need outside the clinicdays, please visit our Accident & Emergency.

Please feel free to ask any questions/concerns you may have during your visits and stay in the hospital.